

ARTICLE 50
GENERAL RULES
(500 series revised May 2014 Federated Council)

500. AUTHORIZED PARTICIPATION

- A. All CIF eligibility rules apply in all games including practice games.
- B. All athletic activities in sports approved by the CIF involving two (2) or more member schools must be held under rules and regulations of the participating schools' respective league, Section and the CIF.
- C. Ineligible students shall not compete as representatives of the school in any competition involving CIF member schools.
- D. In any CIF competition, an attached eligible athlete (representing a CIF member school in compliance with all CIF, Section and league eligibility requirements) may be permitted to participate.

501. CONTESTS SUBJECT TO CIF ELIGIBILITY RULES

- A. All CIF eligibility rules apply in all games including practice games.
- B. With Section approval, each school year a school may engage in one (1) interschool playday activity per CIF-approved sport with any students not involved in that sport's interscholastic athletic program, as long as the schools involved agree in writing to indemnify and hold harmless Sections and the CIF and willingly accept full and complete responsibility for the health and safety of their students involved in the aforementioned activity.
- C. **Definition of a Playday**
An organized recreational activity involving teams from two (2) or more high schools wherein the participants are not currently participating or have not been participating as a member of their school interscholastic team in that sport during the previous 12 calendar months preceding the date of the playday.
- D. **Exhibition Competition**
Exhibition competition (such as, but not limited to, fifth quarter, open lane, open mat and open court competition) involving CIF member schools may be allowed as an adjunct to regular CIF competition under the following provisions. Team sports for the purposes of this Bylaw include baseball, basketball, competitive cheer, field hockey, football, lacrosse, soccer, volleyball, water polo and wrestling. Individual sports for the purposes of this Bylaw include: badminton, cross country, golf, gymnastics, swimming and diving, tennis, track and field and skiing.
 - (1) **Team Sports**
 - a. Duly-appointed coaches (as specified in Bylaw 503.F) and contest officials are present and supervising the activity. If officials require any additional fees for officiating exhibition competition, it shall be negotiated with the host school and their officials associations in compliance with Section rules and regulations; AND
 - b. Such contests count toward the competing individual's allowable maximum number of contests; AND
 - c. A team score is not kept or recorded; AND
 - d. Such team competition is not conducted concurrently with the regulation CIF competition; AND
 - e. Such team competition is held at the same site, immediately preceding or following the regulation competition; AND
 - f. Such team competition is shorter in duration than the regulation competition in that sport; AND
 - g. Participants in such competition shall not compete in any regulation CIF competition in the same sport during the same day or event; AND
 - h. Participants in such competition represent their own school enrollment (i.e., competition on a rainbow team and/or a team made up of students representing two [2] or more school is prohibited); AND
 - i. Written permission is granted for such competition by the principals of all schools involved; AND
 - j. Participants in such competition meet all eligibility requirements of the CIF, CIF Section and league.
 - (2) **Individual Sports**
 - a. Duly-appointed coaches (as specified in Bylaw 503.F) are present and supervising the activity; AND
 - b. Such contests count toward the competing individual's allowable maximum number of contests; AND
 - c. A team score is not kept or recorded nor are individual finishes or records kept of recorded; AND
 - d. Individual events may be conducted concurrently with the regulation CIF competition events (i.e. open lane, open court, open apparatus); AND

- e. The primary CIF team and/or individual competition is held at the same site, and the individual exhibition competitions occurs during or immediately preceding or following that regulation CIF competition; AND
- f. Participants in such competition shall not compete in any regulation CIF competition in the same sport during the same day or event; AND
- g. Participants in such individual event competition represent their own school enrollment (i.e., competition on a rainbow relay team and/or a relay team made up of students representing two [2] or more schools is prohibited); AND
- h. Written permission is granted for such competition by the principals of all schools involved; AND
- i. Participants in such competition meet all eligibility requirements of the CIF, CIF Section and league.

(Revised May 2013 Federated Council/Revised April 2017 Federated Council)

- E. During the school year, all athletic activities in CIF-approved sports involving CIF member schools must be held under the rules and regulations of the participating school's respective league, CIF Section and the CIF during the established school year (district, Section, league).
- F. During the summer period, CIF Bylaws pertaining to transfer eligibility, undue influence, pre-enrollment contact and athletically motivated transfers apply (Bylaws 206, 207 and 510).
- G. During the summer period, no physical conditioning or practice sessions prior to the opening of authorized practice may be conducted by a high school unless specifically authorized by the school principal/designee. CIF Sections may establish sport specific rules and/or policies.

(Revised May 2010 Federated Council)

502. NON-CIF MEMBER SCHOOL/CLUB TEAMS

- A. **CIF member schools shall only compete with other member schools of the CIF and/or schools who are members of another state association/federation who are eligible to participate in their respective state association/federation playoffs (see Bylaw 705 for International Competition).**

NOTE: Implementation begins in 2019-2020

- B. No school belonging to the CIF shall compete, scrimmage or practice with any team outside the jurisdiction of the CIF without the consent of the CIF Section involved. A school disregarding this rule may be suspended from participation in that sport as determined by their respective CIF Section. (See Bylaw 511)
- C. Sections may establish a policy, procedure and requirements for review of applications of CIF member schools wishing to compete with a Non-CIF member.
- D. If a CIF high school team is approved by their Section to compete against a non-CIF team in any competition, the activity shall be played under the high school rules for that sport.
- D. High school students or teams shall not compete or practice against other individuals or teams in football or wrestling unless the players or such teams meet the age requirements of the CIF. High school students or teams shall not compete or practice against other individuals or outside/club teams-unless the individual players and the individuals on the outside/club team meet the age requirements of the CIF.
- E. In order to grant athletic opportunities to students who attend schools that for a limited amount of time cannot afford to offer a sport, an outside team consisting of students from these schools may be formed and may scrimmage or practice against a CIF member school provided the following:
 - (1) A district board or private school governance board states that a program is not affordable for a limited time to be designated by the district board or the private school board;
 - (2) A district board or private school governance board requests participation for its students;
 - (3) The league against which these teams plan to compete grants approval prior to Section approval;
 - (4) Approval of the Section is granted;
 - (5) Officials of the requesting school(s) must understand this request is granted for up to a two (2)-year term. An additional term may be granted if all provisions are met;
 - (6) That schools and districts recognize that such outside teams are not granted status as league members nor do they qualify for league, Section or State playoffs or Championships;
 - (7) An administrator of one of the requesting schools agrees to accept responsibility and supervision of the team and agrees that students will meet eligibility requirements expected of students in CIF member schools.

(Approved April 2018 Federated Council)

503. ADMINISTRATIVE OVERSIGHT

The principal of each school shall be held responsible for the amateur standing and eligibility of the school's teams and team members under CIF, Section, and league rules.

- A. Schools shall be responsible to confirm the eligibility status for all students participating in interscholastic athletics at their schools as required by the Federated Council, local Section, and leagues.

B. Ineligible Athletes

Ineligible students shall not compete as representatives of the school in any CIF contest.

- (1) **Uniform Administrative Oversight Penalty**

In the case where it is determined by the CIF Section that an ineligible student competed due to the failure of the school administration to submit proper CIF Section transfer eligibility application or forms which would have, had it been submitted in a timely manner and reviewed by the section, otherwise been granted immediate eligibility in that sport(s) in which the student participated prior to the appropriate paperwork being submitted.

First Offense

- a. The school will forfeit only the initial game won or tied, regardless of the number of contests in which the ineligible student participated.
- b. The school will submit to the CIF Section a corrective action plan approved by the principal and the superintendent.
- c. The school will submit a report at the conclusion of the school year on the actions and corrections made under the action plan

Second Offense within a school year calendar

- a. The school will forfeit only the initial game won or tied, regardless of the number of contests in which the ineligible student participated.
- b. The school will submit to the CIF Section a corrective action plan approved by the principal and the superintendent.
- c. The school will submit a report at the conclusion of the school year on the actions and corrections made under the action plan
- d. The school will be prohibited from "hosting" its first home playoff game in the sport where the forfeiture was applied.

(Approved April 2017 Federated Council)

C. **Grade Level Restrictions**

Only 9th through 12th grade students may practice with or compete on a high school team. Ninth grade students of a junior high school which is located on the same campus and is under the supervision of the same principal as the senior high school may practice with and compete on the high school team. For a multi-school situation, see Bylaw 303.

D. **Unattached/Unofficial Participants**

In CIF competition, no person shall be permitted to participate as an unattached athlete or an unofficial entrant. (See Bylaw 501).

E. **Supervision Requirement**

No CIF team shall participate in interscholastic or approved competition with any other team unless the CIF team is under supervision as required by the California Education Code 49032. (See also Bylaw 503.F.).

F. **Coaching**

Principals are responsible to ensure that all coaches of the CIF member school for all individual or team(s) meet the requirements of the California Education Code 49032, 35179.1 and Bylaw 22.B.(9)
(Revised February 2009 Federated Council)

(1) **Coaching Compensation**

A coach shall not be reimbursed for coaching services from any source other than the school funds without the approval of the school's governing board, nor be subject to any bonus arrangement dependent upon the success of the school's team.

(2) **Penalty for Improper Coaching Compensation**

Any team, coached by any person receiving any part of the salary for coaching from other than school funds without the approval of the school's governing board, is ineligible.

(Revised February 2009 Federated Council)

G. **Physical Examination**

As a condition of membership, schools will require that a student receive an annual physical examination conducted by a medical practitioner certifying that the student is physically fit to participate in athletics. The report of the examination will be on a school board-approved form that includes a health history. The physical examination must be completed before a student may try out, practice or participate in interscholastic athletic competition. A student will be excused from this physical examination provided there is compliance with the Education Code provisions concerning parent(s)/guardian(s)/caregiver Refusal to Consent. The CIF Health and Safety Committee strongly recommends schools use the Pre-Participation Physical Examination Form that is endorsed by five (5) major medical societies; American Academy of Family Physicians, American Academy of Pediatrics, American Medical Society for Sports Medicine, American Orthopedic Sports Medicine and the American Osteopathic Academy of Sports Medicine. All CIF schools must have school board-approved forms.

(Revised March 2004 Executive Committee)

Q: What does the CIF consider to be an annual physical examination?

A: An annual physical examination is one that was completed in the last 365 days.

H. **Concussion Protocol**

A student-athlete who is suspected of sustaining a concussion or head injury in a practice or game shall be removed from competition at that time for the remainder of the day. A student-athlete who has been removed from play may not return to play until the athlete is evaluated by a licensed health care provider trained in education and management of concussion and receives written clearance to return to play from that health care provider. If a licensed health care provider, trained in education and management of concussion, determines that the athlete sustained a concussion or a head injury, the athlete is required to complete a graduated return-to-play protocol of no less than seven (7) full days from the time of diagnosis under the supervision of a licensed health care provider. On a yearly basis, a concussion and head injury information sheet shall be signed and returned by all athletes and the athlete's parent(s)/guardian(s)/caregiver before the athlete's initial practice or competition.

(Approved May 2010 Federated Council/Revised May 2012 Federated Council/Revised January 2015 Federated Council)

Q: What is meant by "licensed health care provider?"

A: The "scope of practice" for licensed health care providers and medical professionals is defined by California state statutes. This scope of practice will limit the evaluation to a medical doctor (MD) or doctor of osteopathy (DO).

I. **Steroid Prohibition**

As a condition of membership, all schools shall adopt policies prohibiting the use and abuse of androgenic/anabolic steroids. All member schools shall have participating students and their parent(s)/guardian(s)/caregiver agree that the athlete will not use steroids without the written prescription of a fully licensed physician (as recognized by the AMA) to treat a medical condition.

NOTE: Article 1-12.N. (Revised May 2005 Federated Council)

J. **Sudden Cardiac Arrest Protocol**

A student-athlete who passes out or faints while participating in, or immediately following, an athletic activity or who is known to have passed out or fainted while participating in, or immediately following an athletic activity, must be removed immediately from participating in a practice or game for the remainder of the day. A student-athlete who has been removed from play after displaying signs and symptoms associated with sudden cardiac arrest may not return to play until the athlete is evaluated by a licensed health care provider and receives written clearance to return to play from that health care provider. On a yearly basis, a Sudden Cardiac Arrest information sheet shall be signed and returned by all athletes and the athlete's parent(s)/guardian(s)/caregiver before the athlete's initial practice or competition.

Q: What is meant by "licensed health care provider?"

A: The "scope of practice" for licensed health care providers and medical professionals is defined by California state statutes. This scope of practice will limit the evaluation to a medical doctor (MD) or doctor of osteopathy (DO).

(Approved January 2015 Federated Council)

504. **SEASON OF SPORT**

All CIF member school interscholastic activities must be conducted in accordance with the following season of sport Bylaws.

A. **Definition of School and Individual Student-Athlete Season of Sport**

The season of sport for a school is that period of time which elapses between the first interscholastic contest and the final contest for that particular sport. The season of a sport for any individual student is that period of time which elapses between the student's first participation in an interscholastic contest and the student's final participation in a contest for that particular sport in that season.

B. The season of sport shall be established for each sport by the highest CIF component level in which Championship competition is conducted (i.e., State, Section or league) in that sport. To participate in state-level competition for any particular sport, a Section must comply with the CIF adopted season of sport.

C. **Playoffs**

State and Sections shall conduct playoffs in such a manner that teams in like sports, and in baseball and softball, during the same season are afforded equitable opportunity to participate in evening and weekend competition.

D. **Equity**

Sections and/or leagues shall set seasons of sport so that they provide equal opportunity for all students to participate, including intersectional competition and State Championships in like sports, and softball and baseball.

E. The basic sports seasons are:

Fall - August through November

Winter - November through February

Spring - February through June

Exact dates may vary from year-to-year and between Sections within the above specified basic seasons. Championship competition may extend beyond these limits.

F. Sections and/or leagues are encouraged to conduct all sports during the State-approved season.

G. Member schools, through their league or Section, shall either:

- (1) Schedule identical sports, and baseball and softball, with seasons of the same number of weeks regardless of the season of the year in which the sport is played; OR
- (2) Schedule all sports in a particular season of the year to be an equal number of weeks.
- H. Sections have the responsibility to work toward equity relative to length of season, number of contests, and number of opportunities for participation by students. The “seasons of sport” for State Championships are:
- | | |
|---|--|
| Fall - Volleyball (girls) | Winter - Soccer (boys and girls - Regionals only) |
| Fall - Cross Country (boys and girls) | Spring - Swimming and Diving (boys and girls) |
| Fall - Football (boys) | Spring - Track and Field (boys and girls) |
| Fall - Golf (girls) | Spring - Golf (boys) |
| Fall - Tennis (girls - Regionals only) | Spring - Tennis (boys - Regionals only) |
| Fall – Water Polo (boys and girls - Regionals only) | Spring - Volleyball (boys - Regionals only) |
| Winter – Water Polo (girls - SoCal Regionals only) | Spring - Badminton (boys, girls and coed - Regionals only) |
| Winter - Basketball (boys and girls) | Spring - Competitive Sport Cheer |

Winter - Wrestling (boys and girls)

The season of sport for Championship teams from the San Francisco and Oakland Sections may be extended to allow them to compete against each other in a postseason “Transbay” competition in those sports that do not culminate in a CIF Regional/State Championship.

(Revised May 2011 Federated Council/Revised April 2017 Federated Council)

I. **Last Contest Date**

- (1) Each Section shall determine the last contest date for regular season competition.
- (2) For sports culminating in Regional or State Championships, Section playoff competition must be completed by the Saturday prior to Regional or State competition.
- (3) Each Section that participates in State Championships in a sport shall conduct Section playoffs, if any, during the season immediately preceding such State Championships.

(May 2012 Federated Council)

K. **Maximum Number of Seasons**

A student shall not participate in more than four (4) seasons of sanctioned CIF competition in any given sport in a four (4)-year high school or three (3) seasons of sanctioned CIF competition in any given sport in a three (3)-year high school. Activities in the summer are exempt.

L. **One (1) Season of Sport**

Each student shall be limited to one (1) season of a particular sport for each school year. (See also 504.A.)

M. **Sundays**

In order to provide at least one (1) day of respite from involvement in interscholastic athletics each week, no interscholastic games or practices of any kind are to be held on Sunday.

Exception: Those schools founded upon religious tenets that observe ~~the~~ a Sabbath rest from Friday sundown until Saturday sundown may practice or play on Sundays. These schools must register each year by August 1 for the following year with their Section office and ~~observe~~ ~~indicate either Friday or Saturday as their alternate~~ a day of respite from sundown Friday to sundown Saturday. No school requesting a religious exception may participate in interscholastic participation (practice and/or games) on seven (7) consecutive 24-hour days.

- Schools requesting an exception must provide documentation, if requested, of religious belief adhering to the basis of the exception.
- Schools requesting an exception must provide documentation, if requested, of adherence to the rule of no interscholastic participation (practice and/or contest) within seven (7) consecutive 24-hour days.

NOTE: Declaration of Alternate Day of Respite Form is available through your local Section office.

- (1) Violation of Bylaw 504.M. will result in the following sanctions:
- a. **Practice:** For every practice conducted ~~on a~~ during the declared ~~day of~~ respite time, the violating school will be prohibited from conducting twice as many regularly scheduled practices (2 for 1);
 - b. **Game:** A game played ~~on a~~ during the declared ~~day of~~ respite time will result in forfeiture of the game.
- (2) In addition to the above sanctions, the Section may impose any of the following additional sanctions:
- a. The final season record will be reduced by at least one (1) win at the conclusion of the season;
 - b. The school will be placed on probation;
 - c. The team/individual will be ineligible to advance to or in Section, Regional or State Championships;
 - d. Reduction of maximum number of contests allowed for the following year in that sport;
 - e. Repeated violation may result in suspension of membership in the CIF.

505. EQUITY

Any question or concern involving practices or procedures that affect perceived bias on the basis of gender will be reported in writing to the CIF Office within 10 working days. A form will be sent to the individual, which must be returned to register the inquiry and resolution (if any). Any registered complaints or inquiries will be investigated and reported to the Federated Council and State Board of Education with copies to the person who filed the original concern. If the problem is not resolved to the satisfaction of the individual, the appeals procedure of CIF shall be consulted and implemented at the discretion of the complainant.

NOTE: See "Equity Complaint and Appeal Procedure" section following the Constitution and Bylaws.

- A. Each Section shall adopt policies and/or establish procedures that will promote, within its jurisdiction, equal opportunity for all students regardless of disability, sex, gender, gender identity, gender expression, nationality, race or ethnicity, religion or sexual orientation.
- B. **Equal Representation in State Championships**
Sections shall participate in an equal number of sports for boys and girls in State Championships, with a minimum of one (1) entry per Section. All Sections shall have representation in all playoffs.
- C. **Number of Allowable Contests**
Each Section and/or league that establishes a maximum and/or minimum number of allowable contests for member schools shall establish the same number of allowable contests for teams in identical sports, and in baseball and softball.
- D. **Assignment of Officials**
 - (1) Officials for all interscholastic contests shall be assigned and compensated on a gender-neutral basis.
 - (2) When practical and sufficient interest exists, the number of events offered in a contest in identical sports for boys and girls shall be equal except where the rules are written by a recognized rules writing body that provides for a different number of events.
- E. **Equal Assignment of Playoff Facilities**
Assignment of facilities for competition in State and Section playoffs shall be based on gender-neutral factors for all teams in identical sports, and in baseball and softball.

506. PRACTICE ALLOWANCE

For the benefit of the physical and mental health of our student-athletes, all practices (as defined herein) under the auspices of the high school athletic program during the season of sport shall be conducted under the following conditions (See also Bylaw 504.M.):

- A. All teams will be allowed no more than 18 hours of practice time per week and no more than four (4) hours in any single day.
 - (1) **Multiple Practice Sessions**
 - a. Double day practices shall not be held on consecutive days.
 - b. Must include a minimum of three (3) hours rest between practices.
 - (2) **Golf Only**
 - a. In the sport of golf only, a team is allowed a maximum of two (2) days per week of 18-hole practice rounds. [Counts as four (4) hours]
- B. Any competition day would count as three (3) hours toward the allowable weekly and daily practice hours no matter the length of the contest(s). No practice may be held following the conclusion of any contest.
- C. **Definition of Practice**
 - (1) Any school team or individual activity organized by the coach that is intended to maintain or improve a student-athlete's skill proficiency in a sport; AND/OR
 - (2) Any school team or individual activity that includes skill drills, game situation drills, inter-squad scrimmages or games, weight training, chalk talks, film review, meetings outside of school time (excluding parent meetings) that are implicitly/explicitly required by the coach; AND/OR
 - (3) Any other coach-directed or supervised school team or individual activity or instruction for a specific sport (private, small group or positional instruction, etc.) AND/OR
 - (4) Any other team or individual instruction for a specific sport organized or supervised by any team member, or anyone else associated with the high school athletic program, team or school; AND
 - (5) Outside organization activity (club, etc.), shall not be used to circumvent these Bylaws.
- D. Other mandatory activities (including, but not limited to study hall, tutorial sessions, team dinners), shall not be considered part of practice time. These activities must be approved by the principal. Activities that would be included herein are exclusive to any activity already covered in C.(1)-(5) above.
- E. This Bylaw shall not supersede any School/District/Section policies that may be more restrictive.
- F. **Penalties**
Following the determination of a violation of CIF Bylaw 506, a loss of practice day(s) and/or other sanctions, for each practice session infraction, shall be imposed by the Section as deemed appropriate to the level, extent, and duration of the infraction(s).

NOTE: For purposes of this Bylaw, the season of sport begins with each team's first day of practice.

Frequently Asked Questions - (FAQs will continue to be revised as needed and appropriate to assist schools in understanding the implementation of the Bylaw. Schools seeking additional clarification should contact their local CIF Section office.)

Q: Our football coach conducts a one (1) hour before school weightlifting activity in the weight room for football players. Does this count in the three (3) hours per school day practice limitation?

A: Before school activities that are NOT part of the curricular day are subject to the practice limitations. If the activity is organized and/or directed and/or supervised by any of the football coaching staff and only open to football players then YES, it is considered to be practice and counted in the daily limit.

Q: Our football coach conducts a one (1) hour before school "Zero Period" weightlifting activity in the weight room for football players. Does this count in the daily practice limitation?

A: If "Zero Period" IS considered part of the curricular day then it does not count against the practice duration limitations.

Q: We have a one (1) hour (a) before school; (b) zero period; general weight lifting activity in the weight room, advertised to all the athletes in the school who wish to participate. The football coach supervises this activity. While it is advertised to everyone in the school, it is primarily utilized by the football players. Does this count as practice activity in the daily practice duration limitation?

A: (a) Before school is not part of the curricular day so activities during this time are subject to practice duration limitations. However, if the activity is a non-sport specific strength program, open to all athletes, it would be considered general conditioning and would not count as part of the practice duration limitations. As long as the school has done their best to advertise and make it open to everyone, and it is not a non-football hostile environment, or is not located in an area where female or other sport athletes do not have access (i.e. access only through the boys locker room), regardless of who attends or who is supervising, the activity would not be considered practice and would not, therefore, count in the daily practice limitation. (b) If Zero period IS considered part of the curricular day then it does not count against the practice duration limitations.

Q: A (a) Volleyball or Football; (b) Cross Country; Coach tells their team members "just go for an hour run" as a team (or as individuals) and then meet back in the gym to begin practice. Does that hour of just running count towards the practice duration limitation for that day?

A: Yes. This activity done as a team or as an individual and has been implicitly/explicitly required by the coach; directed and/or organized and/or supervised by the coach would count towards the daily practice duration limitations.

Q: A Basketball coach tells their team members that they are required to run a minimum number of miles each week on their own for conditioning. Does this count towards the practice duration limitations for any given day?

A: Yes, this would be considered an activity under C.(2) and (4) above because it was required and or implied by the coach for his/her basketball team members to participate. If it was not implicitly or explicitly required by the Coach it would not count towards practice duration limitations.

Q: The Water Polo Coach establishes a swimming conditioning session (a) before practice each day (b) in the morning before school; (c) during "Zero Period"; Does this count towards the practice duration limitations for that day?

A: (a) Yes, swimming conditioning is directly related to water polo skill development, so this would count towards the daily practice duration limitations. (b) Yes, swimming conditioning is directly related to water polo skill development, so this would count towards the daily practice duration limitation. (c) If "Zero Period" is considered part of the curricular day it does not count against the practice duration limitations.

Q: A student plays volleyball in the fall and basketball in the winter. During the overlap time of those two (2) seasons is a student allowed to practice for four hours per day for volleyball and then another four (4) hours per day for basketball, for a total of eight (8) hours of practice on any given day?

A: No. During any season overlap period for any student-athlete, that student-athlete is still limited to a total practice time for both sports not to exceed the daily practice duration limitation [four (4) hours max per day and only 18 hours per week].

Q: A student plays baseball and tennis in the same season of sport. If they have competitions on the same day for both sports how would those hours be counted?

A: The total number of hours would be three (3) regardless of the total time of both contests (see Bylaw 506.B.)

(Approved May 2014 Federated Council)

507. SECTION ALIGNMENT OF LEAGUES

Sections that use a two (2) year cycle of alignment shall realign on even years only. Sections that realign every year or "upon demand" are not to be affected by this rule. Each Section shall allow the formation of cross leagues for schools in which a sport or sports are not available through its immediate league.

508. DONATED EQUIPMENT

Schools, teams and/or individuals associated with interscholastic athletics which are under the control of school governing boards are prohibited from accepting a donation of any and all athletic equipment of any description or any and all apparel of any description which is associated with interscholastic athletics except as provided for by Education

Code Section 41032(a) et seq. In the case of private schools, such donations must be accepted by resolution of the governing authority of such private school.

509. OFFICIAL NATIONAL FEDERATION AUTHENTICATION MARK

Only balls with the National Federation authentication mark shall be used in the sports of baseball, basketball, field hockey, football, lacrosse, soccer, softball, volleyball and water polo.

(Approved February 1999 Federated Council/Revised to include lacrosse November 2000 Federated Council)

510. UNDUE INFLUENCE, PRE-ENROLLMENT CONTACT, DISCLOSING PRE-ENROLLMENT CONTACT, ATHLETICALLY MOTIVATED TRANSFERS

A. The use of undue influence by any person(s) to secure or retain a student or their parent(s)/guardian(s)/caregiver as residents may cause the student to be ineligible for high school athletics for a period of one (1) year and shall jeopardize the standing of that high school in the CIF.

Undue influence is any act, gesture or communication (including accepting material or financial inducement to attend a CIF member school for the purpose of engaging in CIF competition regardless of the source) which is performed personally, or through another, which may be objectively seen as an inducement, or part of a process of inducing a student, or his or her parent(s)/guardian(s)/caregiver, by or on behalf of, a member school, to enroll in transfer to, or remain in, a particular school for athletic purposes.

B. A student shall become ineligible for CIF competition and shall be penalized according to Bylaw 212 for accepting material or financial inducement to attend a CIF member school for the purpose of engaging in CIF competition, regardless of the source.

C. Pre-enrollment contact or an athletically motivated transfer may be considered prima facie (sufficient evidence) evidence that the student enrolled in that school in whole or in part for athletic reasons (See Bylaw 200, 206.C. and 207.A) and cause the student to be ineligible for participation those sports in which the student participated at the former school.

Athletically motivated pre-enrollment contact of any kind by anyone from, or associated with [see D.(2) below], a school or its athletic programs to which a student may transfer or move into the attendance area is not permitted. When a prima facie (sufficient evidence) case of undue influencing/recruiting exists, the student shall be ineligible to represent the new school in interscholastic athletic competition for a period of one (1) calendar year from the date of the student's enrollment in the new school in all sports in which the student participated at any school in the last 12 months and/or the sport with which the coaches referenced herein is associated, unless sufficient proof is presented to the satisfaction of the Section Commissioner that rebuts or disproves the evidence of undue influence/recruiting for athletic reasons.

D. Pre-Enrollment Contact

Pre-enrollment contact may include, but is not limited to: any communication of any kind, directly or indirectly, with the student, parent(s)/guardian(s)/caregiver, relatives, or friends of the student about the athletic programs at a school; orientation/information programs, shadowing programs; attendance at outside athletic or similar events by anyone associated [see D.(2) below] with the school to observe the student; participation by the student in programs supervised by the school or its associates before enrollment in the school.

(1) Requirement to Disclose Pre-Enrollment Contact

All transfer students shall submit a completed CIF Pre-Enrollment Contact Affidavit [CIF Form - (please use local CIF Section Form)] with appropriate transfer application(s) as required by their respective Section under Bylaw 207. Any and all pre-enrollment contact of any kind whatsoever that a student or anyone associated with the student, has had with a person associated with the new school must be disclosed by the student, parent(s)/guardian(s)/caregiver and the new school to the Section office on a complete CIF Pre-Enrollment Contact Affidavit [CIF Form - (please use local CIF Section Form)].

NOTE: CIF Form is available through the local Section Office.

(2) Definition of Being Associated with a School

Persons associated with a school include, but are not limited to: current or former coaches, current or former athletes, parent(s)/guardian(s)/caregiver of current or former student/athletes, booster club members, alumni, spouses or relatives of coaches, teachers and other employees, coaches who become employed, active applicants for coaching positions, and persons who are employed by companies or organizations that have donated athletic supplies, equipment or apparel to that school.

E. Athletically Motivated Transfers

The CIF, as the governing body of high school athletics, affirms that athletic competition is an important part of the high school experience and that participation in interscholastic athletics is a privilege. The privilege of participation in interscholastic athletics is available to students in public or private schools who meet the democratically established standards of qualification as set forth by the Federated Council. As stated in CIF Bylaw 200.A.(6) the CIF Bylaws shall serve as a deterrent to students who transfer or change schools for athletic reasons and to individuals who attempt to recruit (unduly influence) student-athletes or their parents to enroll in a school because of athletics.

As stated in CIF Bylaw 200.A.(2) the CIF Bylaws reinforce the principle that students attend school to receive an education first; athletic participation is secondary. CIF Bylaws provide for individual Section Offices to limit eligibility for a student when there is evidence the transfer, or move is made to acquire athletic participation at their new school (School B).

Students may be determined by their respective CIF/Section Office or the CIF to have made an athletically motivated transfer or change in schools if one (1) or more of the following circumstances are determined to have contributed in any way to the transfer or change in schools:

(1) **Transferring to a School after Participating on a Non-School Athletic Team, Camp or Clinic Associated with the School**

The student transfers from his or her current school of attendance, with or without a corresponding change of residence, to any high school where the student participates or participated, during the 24 months immediately prior to the transfer, on a non-school athletic team, (i.e. AAU, American Legion, club team, etc.), camp or clinic that is associated with [See definition in D.(2)] the new school in the sports previously participated in. A team associated with a school is one that is organized by and/or coached by any member of the coaching staff at, or any other person associated with [See definition in D.(2)], that school; and/or, on which the majority of the members of the team (Participants in practice and/or competition are students who attend that school).

AND/OR

(2) **Transferring to a School Where a Former High School Coach Has Relocated**

The student at any grade level transfers to a new school within one (1) calendar year of the relocation of his/her school or club coach to the student's new school of enrollment with or without a corresponding change in residence; AND/OR

(3) Other factors that may be considered in support of evidence of athletic motivation:

- a. Evidence the student's transfer or change of schools is because of the student's previous association with an outside agency that uses the facilities or personnel of the student's new school (School B); AND/OR
- b. Evidence that multiple students have transferred or changed schools to participate in a particular sports program at one (1) school.

(Revised May 2002 Federated Council/Revised May 2007 Federated Council/Revised May 2008 Federated Council/Revised May 2009 Federated Council/Revised February 2013 Federated Council/Revised April 2017 Federated Council)

511. SUSPENDED SCHOOLS

When a school in any Section is suspended from participating in any sport, that school is not to play with any other school in the Federation in that sport during the period of suspension. Any team competing with the offending school shall be subject to disciplinary action by the Federated Council. Any CIF member school that competes against a suspended program, the competing CIF member school shall be subject to disciplinary action by their Section and the CIF.